

11 THINK, I ARRIVE INSTANTLY.....

With practice and patience and time precious,
With training as handed down by our forbears,
Without wealth and fanfare but humble intent,
Will we master the mind and unleash it.

When every pore in your body is in synchrony,
When every nerve in your skin is in touch,
When you hear the slightest wistful thought,
When through the lids your eyes must see.

Why, what we can't see is all around us,
Whether you feel or sense is all up to you;
When we imbibe, we experience ecstasy,
While in over-drive stays our seventh sense.

Then,

I think, I arrive instantly,
I feel, I experience intently,
I touch, I perceive intricately,
I look, I reach all interiors,
I pen, I affect intimately,
I wish, I am granted inevitably.

What Indians mastered through meditation and yoga,
Now the world in Millennia is waking up to,
How without drugs you experience joy and bliss,
And gain control of all your senses,
The infinite power of your mind you harness.